MANAGEMENT

MG55-1 Balancing Agility and Stability at Work

Today's workplace is characterised by shifting priorities, evolving demands, competing pressures and constant change. While employees need to be agile and responsive to new situations, they must also maintain focus, consistency and reliable performance. This practical course explores how individuals can successfully balance flexibility with stability in their day-to-day work. Participants will learn how to adapt their approach, respond effectively to changing circumstances and make sound decisions while remaining aligned to organisational goals and expectations. The course provides practical tools and techniques to help individuals navigate uncertainty, manage competing priorities and maintain productivity without becoming reactive or losing direction.

Course Information

Duration: 1 day

London (£795): 24th August 2026, 30th November 2026, 1st February 2027, 19th April 2027, 5th July 2027, 20th September 2027, 6th December 2027, 28th February 2028

Companies nominating 3 or more delegates to attend the same programme will enjoy a special discount on the course fees.

Upon completion of one of our CPD certified courses, delegates will be awarded both an LMC certificate and a CPD certificate. No examination required.

Who is the course suitable for?

This course is designed for employees, team leaders, supervisors and managers who need to adapt to changing workplace demands while maintaining consistent performance, productivity and results.

Course profile

Balancing Agility and Stability in Everyday Work

- Explore the concepts of agility and stability and why both are essential for workplace success
- Identify common workplace situations that require individuals to adapt, flex and pivot their approach
- Apply practical decision-making tools to manage changing priorities and competing demands
- Develop strategies to maintain resilience, focus and productivity during periods of uncertainty
- Create a personal action plan to balance responsiveness with consistency in everyday work

Competencies

At the end of this course, delegates will be able to:

- Understand the importance of balancing agility and stability in today's workplace
- Recognise situations that require flexibility, adaptation and responsiveness
- Apply practical techniques to manage changing priorities and competing demands
- Make effective decisions when faced with uncertainty or ambiguity
- Maintain performance, focus and resilience while adapting to workplace challenges

Course Booking

Call us: +44 (0) 207 724 6007

Email us: training@lmcuk.com

www.lmcuk.com

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