LEADERSHIP & STRATEGY

LE48-1 Critical Thinking and Problem Solving

This practical one-day programme equips professionals with the skills to analyse situations objectively, make informed decisions, and solve problems effectively. Participants will explore structured thinking approaches, evaluate information critically, and apply proven problem-solving techniques to workplace challenges.

Course Information

Duration: 1 day

London (£795): 5th May 2026, 30th June 2026, 18th August 2026, 13th October 2026, 1st December 2026, 16th March 2027, 11th May 2027, 13th July 2027, 7th September 2027, 26th October 2027, 14th December 2027, 21st March 2028

Companies nominating 3 or more delegates to attend the same programme will enjoy a special discount on the course fees.

Upon completion of one of our CPD certified courses, delegates will be awarded both an LMC certificate and a CPD certificate. No examination required.

Who is the course suitable for?

This course is designed for professionals who want to enhance their decision-making, tackle challenges more effectively and approach complex issues with clarity and confidence. It is particularly valuable for team leads, project coordinators, and individuals responsible for solving problems or driving improvements in their role.

Course profile

Foundations of Critical Thinking

- Understanding critical thinking and its importance at work
- Identifying cognitive biases and assumptions
- Evaluating information and evidence effectively
- Techniques for questioning, reasoning, and decision-making

Problem Solving in Practice

- Structured approaches to problem solving (e.g. root cause analysis, 5 Whys, SWOT)
- Creative thinking methods to generate solutions
- Prioritising and selecting the best solutions
- Applying problem-solving techniques to real workplace scenarios
- Developing an individual action plan for ongoing improvement

Competencies

At the end of this course, delegates will be able to:

- Recognise common thinking biases and improve objectivity
- Analyse problems using structured frameworks
- Generate creative and practical solutions to complex challenges
- Make informed decisions based on evidence and critical evaluation
- Develop an action plan to apply problem-solving techniques in their role

Course Booking

Call us: +44 (0) 207 724 6007

Email us: training@lmcuk.com

www.lmcuk.com

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