LEADERSHIP & STRATEGY

LE43-1 Leading High-Performing Teams through Demanding Times

This course focuses on how leaders can maintain performance, engagement, and focus in environments where energy and team morale is low and demands remain high. Participants will learn how to cultivate a culture of sustainable high performance where engagement stays high and people feel truly supported. The session equips leaders with proactive strategies to re-engage individuals and teams, sharpen focus on what truly matters, and deliver exceptional results through inspired, balanced leadership.

Course Information

Duration: 1 day

London (£795): 17th June 2026, 5th August 2026, 30th September 2026, 18th November 2026, 27th January 2027, 21st April 2027, 30th June 2027, 18th August 2027, 13th October 2027, 1st December 2027, 8th March 2028

Companies nominating 3 or more delegates to attend the same programme will enjoy a special discount on the course fees.

Upon completion of one of our CPD certified courses, delegates will be awarded both an LMC certificate and a CPD certificate. No examination required.

Who is the course suitable for?

This course is designed for managers and leaders who believe that high performance and employee wellbeing go hand in hand and for those wanting to lead their teams toward a future of excellence, resilience and shared success.

Course profile

Leading to Re-Energise Teams

- Recognise the powerful connection between wellbeing and peak performance
- Recognising opportunities to boost team morale and performance in demanding times
- Diagnosing inefficiencies, fatigue, and lack of focus in order to create a smoother, more rewarding workflow
- Refocusing teams on priorities that align with goals and inspire them most
- Applying practical approaches to re-energise individuals and build resilience within teams
- Sustaining high performance without increasing pressure or burnout during challenging times

Competencies

At the end of this course, delegates will be able to:

- Recognise the impact of team morale on performance, engagement and delivering results
- Identify signs of fatigue, disengagement and reduced capacity within teams
- Apply practical strategies to re-focus and re-energise teams
- Balance performance expectations with team capacity and wellbeing
- Maintain performance and momentum in challenging environments

Course Booking

Call us: +44 (0) 207 724 6007

Email us: training@lmcuk.com

www.lmcuk.com

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